It is important that we understand our strengths and weakness as we will need to “sell ourselves” in order to succeed in an interview and secure a job. A great way to do that is to understand your strengths and align them with the needs of a company.

One of my biggest strengths is that I and very “team oriented”. I have always been a believer that 3 semi smart people who work well together are better than one exceptionally smart person working alone. I am good at “sizing up” teams, understanding what everyone’s roles are and determining what is covered and where I can jump in and help.

I never want to be the person who is “holding everyone back” so I make extra effort to keep up with the team even if things are going over my head. I am also good about asking for help and clarification when needed.

While my personality type *may* be prone to a bit of narcissism at times, I feel I do a good job of putting my ego in the back seat when I am working in a team. The most important thing is the project, and the most important people are the users, *and* I like to enable leaders to lead and make decisions for a project.

Also, I like to keep my language positive and my conversations productive. I am very aware of how one person can derail an otherwise highly functional team. Bringing “bad energy” to a project via negative attitude or a difficult personality is something that is a bit of a pet peeve of mine. If I am at that point in a project, I know that means it is time for me to step away.

Finally, I am very much a lifelong learner. I get antsy when things feel like things are stagnating, and I am at my happiest when I am pursuing new growth and knowledge.